

# Muscle or joint pains, strains, sprains or joint stiffness?

## Have you considered seeing a musculoskeletal specialist?



The musculoskeletal specialist can assess you and give you some advice on how to manage your problem or refer you to the community services.

- Back or neck pain
- Hip or knee pain
- Shoulder pain
- Other joint pain
- Osteoarthritis
- Sprains & strains
- Sports injuries
- Trapped nerves

Please speak to the reception team for more information and to book your appointment